

Yoga Training Scheme

The Department of Personnel & Training had started free Yoga Training scheme with effect from 1st April, 2015 for the benefit of the Central Government employees and their dependents. Under this Scheme, GKK organized regular yoga classes at its 23 Samaj Sadans in Delhi/NCR, 11 Outstation Centers and in the space provided in CWG Village, ISTM & New Moti Bagh. The training is provided by qualified Yoga Instructors recommended by Morarji Desai National Institute. Yoga training is being conducted in two sessions i.e. morning and evening. The detail of yoga centers is given here under:-

Yoga Centres:-

Delhi/NCR :-

1. Andrews Ganj
2. Andrews Ganj Ext.
3. Asia House
4. Bharti Nagar
5. Chanakya Puri
6. Laxmi Bai Nagar
7. Lodhi Colony
8. Lodhi Road Complex
9. Moti Bagh-I
10. Raja Bazar
11. Pandara Road
12. P.V.Hostel
13. Pushp Vihar
14. Sadiq Nagar
15. Peshwa Road
16. R.K.Ashram Marg
17. R.K.Puram Sec-I
18. R.K.Puram Sec-II
19. R.K.Puram Sec-III
20. R.K.Puram Sec-IV
21. R.K.Puram Sec-VII
22. Kidwai Nagar
23. NH-IV, Faridabad
24. CWG Village
25. ISTM
26. New Moti Bagh

Mumbai

1. C.G.H.S Colony, Ghatkoper
2. Antop Hill Sec-7 (Koliwada)
3. Antop Hill Sec.1 (Kane Nagar)
4. Ekta Vihar, Navi Mumbai

Chennai

1. Anna Nagar

